

# JAMES MOREHOUSE PROJECT

## Working to support student health and a positive school climate at ECHS Student / Parent Info Sheet — 2019-2020

### Introducing the JMP!

Dear ECHS Students and Parents/Guardians,

The **James Morehouse Project (JMP)** is a full service student health center on the ECHS campus. The JMP offers ECHS students a wide range of FREE programs. These include:

- Supportive Counseling (1:1 & Group)
- Youth Development/Leadership Activities
- Restorative Practices / Mindfulness Programs
- Medical & Dental Services provided by Contra Costa County Health Services

**How to access services:** Fill out a JMP Resource Request Form, available at the ECHS main office, the JMP (Room A-210), or online at [www.JamesMorehouseProject.org](http://www.JamesMorehouseProject.org), and turn it into the JMP, or the ECHS main office to be placed in the JMP mailbox.

**Questions?** Please call the JMP directly at (510) 965-4401, or email: [danielle@jmhops.org](mailto:danielle@jmhops.org).

Best wishes for a good year!

*Jenn Rader*

Jenn Rader, JMP Director  
ECHS Community Schools Coordinator

### **James Morehouse Project**

ECHS Room A-210  
540 Ashbury Avenue, El Cerrito, CA 94530

(510) 965-4401

[www.JamesMorehouseProject.org](http://www.JamesMorehouseProject.org)

### For Parents/Guardians:

1. **Please Find on ECHS website:**
  - \*JMP Parent/Guardian Consent form
  - \*JMP Notice of Privacy Practices (to read)
  - \*JMP Privacy Acknowledgment form
  - \*JMP CDBG Participation Data form
2. **Complete the Forms**
3. **Bring completed forms to ECHS Walk-Through Registration** on your student's assigned day (July 29-Aug. 1).

**THANK YOU!**



Connecting health and opportunities to El Cerrito High School

### Spotlight on Youth ELAC!

Initiated in 2015, Youth ELAC is a group of English Language Learners and allies who work with the larger parent ELAC (English Language Advisory Committee) to advocate for a better education for students in the English Language Development (ELD) Program. Youth ELAC members describe themselves as a large family. They support each other, and together, serve as a huge resource for newcomers who arrive from different countries. Youth ELAC members have made suggestions to the School Site Council, served as representatives on the school board (the first time English learners have been in those seats!), spoken publicly at district meetings and to legislators in the state capital, and collaborated with community organizations to advocate for a better education for all!

**For JMP Services and Programs SEE OTHER SIDE** ➡

# JMP Services and Programs

## What is the James Morehouse Project?

The James Morehouse Project (JMP) creates positive change in the ECHS community through health services, counseling/youth development, and restorative initiatives. Founded in 1998, the JMP partners with young people and school staff to make positive change happen in the lives of youth and to support a healthy school community.

## 1. Medical & Dental Services

Contra Costa County Health Services provides free **medical services** including **dental** and **reproductive health services** to ECHS students at the JMP.

### PRIMARY CARE MEDICAL SERVICES:

- Physical Exams (Sports Physicals)
- Vaccinations/TB tests

### REPRODUCTIVE HEALTH SERVICES:

- Reproductive Counseling/Education
- Birth Control/Emergency Contraception
- Screening (STD/ STI, HIV, Pregnancy)

### DENTAL SERVICES:

- Dental Cleanings, Exams, and Fillings

## 2. Restorative/Support Programs

JMP restorative/support activities strengthen and sustain a safe and caring school community for all students, parents and staff.

- **Restorative Circles**—JMP leads supportive & healing circles with students, parents & staff.
- **Teacher & Staff Support**—JMP offers a range of support and trainings to teachers.
- **Parent/Family Support**—JMP welcomes calls from all parents, including support to parents in the community of English Language Learners.
- **Classroom Dynamic Mindfulness**—Activities to reduce stress and improve focus are led weekly by staff and Culture Keepers in classrooms.

## 3. Counseling & Youth Development

**Counseling and youth development services** are provided by James Morehouse Project (JMP) staff, interns from university social work and counseling programs (UC Berkeley, Sonoma State, Smith College, SF State, St. Mary's, CSU Northridge, Humboldt State, CSU East Bay) and partner agencies (Bay Area Community Resources, Community Violence Solutions, STAND! For Families Free of Violence).

### INDIVIDUAL COUNSELING:

- **Drop-In Support**—Referrals / Crisis
- **Individual Weekly Counseling**
- **Drug/Alcohol Prevention/Resources**

### CONFLICT MEDIATION:

- **Peer Mediation**—Culture Keepers partner with school staff to mediate peer conflicts.

### LEADERSHIP/SUPPORT GROUPS: (may change)

- **Culture Keepers**—peer leadership
- **DROC**—community research/action group
- **ELAC Youth Group**—English learners
- **Expect Respect**—healthy relationships
- **Individuals**—friendship group
- **Legacy**—grief group
- **Migration & Journey**—new to USA
- **My Strength**—young men's group
- **Promoting Gender Respect**—young men
- **Skittles**—LGBTQ students of color
- **TUPE**—tobacco prevention peer ed.
- **Young Women's Empowerment Circle**

## Who was James Morehouse?

In 2010 the ECHS Community Project changed our name to the James Morehouse Project. We took Mr. Morehouse's name to honor his 35 years of service to the El Cerrito High School community. Mr. Morehouse loved, mentored and inspired two generations of staff and students (from 1968-2003). In taking on his name, the James Morehouse Project commits to carrying on his legacy of love, respect and service for generations to come.

**Thank you to our funders!** In 2018-2019 the James Morehouse Project received funding from: CA School-Based Health Alliance; Contra Costa County (CCC) Community Development Block Grant; CCC MHSa Prevention/Early Intervention; ECHS LCFF (Local Control Funds); Kaiser Permanente; McKenzie Foundation; and WCCUSD Comprehensive School Health. The JMP operates under the fiscal sponsorship of Bay Area Community Resources.

**FOR MORE JMP INFO CALL (510) 965-4401 OR GO ONLINE: [www.JamesMorehouseProject.org](http://www.JamesMorehouseProject.org)**